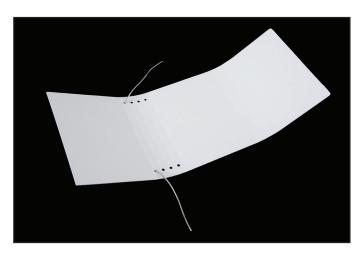


1. Die-cut the Wrapped Journal out of mat board.



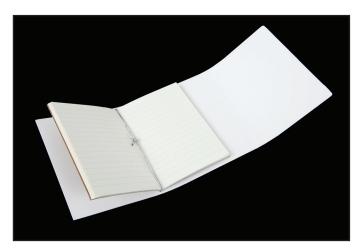
3. From the back, insert elastic cord into the binder holes at the top and bottom of the journal.



5. A loop of elastic cord may be used to hold the journal closed.



2. Fold on all the score lines.



 Tie the elastic cord in a knot, and insert journal pages beneath the cord. There are more elaborate lacing options should you choose to be more creative.